



Sundance Taekwon-Do

2018 Fall Class Schedule

Effective September 4, 2018



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6:30-7:30 Family Taekwon-Do
7:30-8:30 Women's TKD Fit Kick

4:30-5:00 TKD Kids! B
5:00-6:00 Beginner Youth Taekwon-Do
6:00-7:00 Intermediate Youth Taekwon-Do
7:00-8:00 Teens and Adults Taekwon-Do

6:30-7:30 Family Taekwon-Do
7:30-8:30 Women's SD

4:30-5:00 TKD Kids! B
5:00-6:00 Beginner Youth Taekwon-Do
6:00-7:00 Intermediate Youth Taekwon-Do
7:00-8:00 Teens and Adults Taekwon-Do
8:00-9:00 Kinstretch

6:00-8:00 Nationals Prep (Ages 11+, Register at front desk)
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10:00-10:45 TKD Kids! A
11:00-12:00 Family Taekwon-Do

